

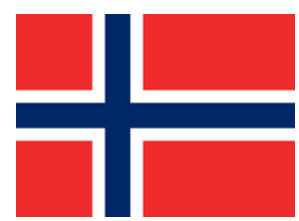
# La oss lage mat!

LET'S COOK NORWEGIAN WITH  
ELISABETH AND VICTORIA

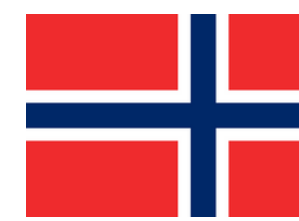


**April 13, 12:00PM-1:30PM EDT**

LEARN HOW TO MAKE KJØTTKAKER  
(NORWEGIAN MEATBALLS)



**You'll need:**



## Meatballs:

**1lb Ground Meat (for a vegetarian  
option use beyond meat)**

**2/3 cup milk**

**2 tbsp potatostarch or cornstarch  
salt, pepper, nutmeg, ginger**

## Gravy:

**1/2 stick butter**

**4 tbsp flour**

**4 cups beef (or vegetable) stock**

## Cabbage:

**1 head of cabbage**

**1/2 stick butter**

**4 tbsp flour**

**3/4 milk**

**nutmeg**