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LET'S COOK NORWEGIAN WITH ELISABETH AND VICTORIA

April 13, 12:00PM-1:30PM EDT

LEARN HOW TO MAKE KJØTTKAKER (NORWEGIAN MEATBALLS)

You'll need:

**Meatballs:**
1lb Ground Meat (for a vegetarian option use beyond meat)
2/3 cup milk
2 tbsp potato starch or cornstarch
salt, pepper, nutmeg, ginger

**Gravy:**
1/2 stick butter
4 tbsp flour
4 cups beef (or vegetable) stock

**Cabbage:**
1 head of cabbage
1/2 stick butter
4 tbsp flour
3/4 milk
nutmeg